Norwalk Community Health Center

20th Anniversary

Cause for Celebration!

Thursday, November 14, 2019

An Event 20 Years in the Making!
In 1992 Norwalk Mayor Frank Esposito’s Commission on Race Relations recommended improving access to health care. The Norwalk Board of Health began exploring the feasibility of establishing a community health center. Discussions began with Norwalk Hospital, then the primary provider of health care services to the underserved.

The Norwalk Board of Health and the Director of Health identified and recruited a very diverse group of people. In a short time, they bonded into a cohesive Board of Directors intent on opening a community health center in Norwalk.

State of Connecticut bond funds and a Community Development Block Grant award were secured and a lease was signed for 123 Water Street. Staff was recruited and the Norwalk Community Health Center opened its door in spring 1999. The Health Center outgrew its Water Street home and relocated to 120 Connecticut Avenue in spring 2010. In 2014 a Medical Mobile Unit was added to bring care to those unable to come to the Center.

20 years after the first door opened, Norwalk Community Health Center provides compassionate, comprehensive health, behavioral and dental care to 13,000 men, women and children. With an expanding array of free and low cost wellness program services for patients and the public, community remains at the heart of the Center’s mission and work.

MISSION
To provide quality, innovative care that enriches the lives of our patients

VISION
To lead our community toward the achievement of the best possible health
BY THE NUMBERS

12,659 PATIENTS

53,875 Patient Visits

- Adult Medicine: 47%
- Pediatric: 21%
- Women’s Health: 23%
- Behavioral Health: 6%
- Dental: 3%

Patient Gender

- Female: 61.3%
- Male: 38.7%

Patient Race and Ethnicity

- Racial and/or Ethnic Minority: 89.2%
- Hispanic/Latino Ethnicity: 65.0%
- Black/African American: 17.3%
- Non-Hispanic White: 10.9%
- More Than One Race: 4.0%
- Asian: 3.5%
- American Indian/Alaska Native: 0.5%

Income Status

- Patients at or below 100% of federal poverty level: 97.68%
- Patients at or below 200% of federal poverty level: 64.52%

Patients at or below 100% of federal poverty level: 97.68%

Patients at or below 200% of federal poverty level: 64.52%

Service Provided

- Adult Medicine: 49.89%
- Pediatric: 34%
- Women’s Health: 11%
- Behavioral Health: 5.2%
- Dental: 11%

Patients With Chronic Conditions

- Hypertension: 19.8%
- Diabetes: 11.6%
- Asthma: 10.4%

Payer Mix

- Medicare: 5.2%
- Private Insurance: 11%
- Uninsured: 49.89%
- Medicaid: 34%
OUR SERVICES

Adult Medicine
Behavioral Health
Dental – Pediatric and Adult
Pediatrics
Women’s Health
Medical Mobile Unit
Norwalk Hospital Internal Medicine Residents Program

Patient and Community Services
Access Health Connecticut certified counselors
Community Collaborations • Farmers Market
Financial Assistance • Healthy Beginnings
Community Health Fairs • Patient Education • Patient Support
Reach Out and Read • Smoking Cessation • Zumba
Cause for Celebration!

Welcome
Storm N Norman, Emcee

Welcome and Remarks
Darlene Young, Board Chair

Community Crusaders Presentation
Daniel Berta, President, Fairfield County Bank
Lawrence Cafero, Cafero Law and Strategies
Cathy DeCesare
accepting on behalf of United Way of Coastal Fairfield County
Funso Faweya
accepting on behalf of Pepperidge Farm
New Canaan Community Foundation Young Philanthropists

Speaker
Lauren Braun Costello

Norwalk Community Health Center Unsung Heroes
Manette Destin
Mindy Garcia

Music by Greg Detroy

Silent Auction bidding closes at 8:15 p.m.
Winning Bidders will be posted at 8:30 p.m.

Wine Pull Winning will be drawn and posted at 8:20 p.m.

Lauren Braun Costello will be signing books following the awards presentations.
Books are available for purchase this evening. Proceeds are being donated by Ms. Braun Costello to Norwalk Community Health Center’s healthy beginnings, eating well, and childhood obesity prevention programs.

Lucky Program Holder will be announced and posted at 8:30 p.m.
At Nuvance Health, we’re rethinking your healthcare experience with you and your family in mind. We let our curiosity guide us, asking the right questions and discovering what matters to you. We’re finding new ways to fit into your life, with options for care you can trust. We invite you to experience that promise for yourself.

Western Connecticut Health Network is now part of Nuvance Health.

The promise of together.

At Nuvance Health, we’re rethinking your healthcare experience with you and your family in mind. We let our curiosity guide us, asking the right questions and discovering what matters to you. We’re finding new ways to fit into your life, with options for care you can trust. We invite you to experience that promise for yourself.

© Nuvance Health
November 14, 2019

Dear Friends:

I wish I could join you to celebrate the 20th Anniversary of the Norwalk Community Health Center (NCHC), honoring your lasting impact in the greater Norwalk community. The work NCHC has done in delivering innovative care and advocating for the well-being of those that they serve is invaluable.

Over the last 20 years, the Norwalk Community Health Center has been instrumental in uplifting and nurturing individuals with limited resources facing complex medical issues. NCHC has been able to break down barriers and provide medical, dental, behavioral health and wellness care services to over 13,000 men, women, and children, regardless of race, ethnicity, gender, age, or financial and insurance statuses. As a leader in health care practice and the creator of innovative continuum of care programs in partnership with the Practice Transformation Network, the Norwalk Community Health Center opens a world of opportunities for those they serve.

Furthermore, through the Medical Mobile Unit, NCHC is able to bring care to people who otherwise would not be able to access health care and help the communities most in need in the greater Norwalk area.

It is with great pleasure that I acknowledge the extraordinary commitment this organization has exhibited in making the southern part of our state a better, more equitable place. The Norwalk Community Health Center brings tremendous pride to the State of Connecticut and its legacy is an inspiration to us all. I cannot overstate the importance of your contributions as a forward-thinking health center. Thank you for 20 years of tremendous service. I look forward to working hand-in-hand with you for years to come.

Every Best Wish,

Christopher S. Murphy
United States Senate
Thank you for all you do, the hope you give, and the lives you change.

Fairfield County Bank
Caring for the Community Since 1871
877.431.7431 • FairfieldCountyBank.com
Certificate of Special Recognition
Presented to
Norwalk Community Health Center
20 Years of Service to the Fairfield County Community

I join the entire NCHC family and surrounding community in extending my congratulations on 20 years of service. With its longstanding commitment to compassionate health care to all, NCHC will continue to be an invaluable partner in our community for years to come.

November 14, 2019
DATE

CONGRESSMAN JIM HIMES
Lauren Braun Costello is a classically trained chef, published author, teaches cooking classes, cooking show host, and expert food stylist. She has helped countless people become better, more confident and capable cooks. As host of AOL’s cooking series “Pantry Challenge,” Lauren logged more than 5 million views for her show.

EMCEE
STORM N NORMAN
WEBE Wake-Up Morning Show with Storm N Norman

One of the original WEBE108 staff, Norman – a native of Norwalk – has interviewed everyone from Paul McCartney to Jerry Seinfeld, and his talents haven’t gone unnoticed. He has garnered Billboard’s Air Personality Of The Year award for four years in a row!

When not busy with his four children, computer whiz Norm is surfing the net and working the latest software.

SPEAKER
LAUREN BRAUN COSTELLO
Classically trained chef, cookbook author, and expert food stylist

Lauren Braun Costello is a classically trained chef, published author, teaches cooking classes, cooking show host, and expert food stylist. She has helped countless people become better, more confident and capable cooks. As host of AOL’s cooking series “Pantry Challenge,” Lauren logged more than 5 million views for her show.
in its first three months, becoming the most popular on AOL’s cooking channel, KitchenDaily.com. She has made numerous appearances on television shows including ABC’s The View and WNBC’s Today in New York.

Lauren has styled for some of the biggest names in the culinary and entertainment worlds from Tyler Florence and Alice Waters to Trisha Yearwood and Gloria Estefan on national shows for ABC, CBS, NBC, Fox, the Hallmark channel, as well as for print media. Her recipes and party-planning advice have appeared in The Los Angeles Times, The Chicago Tribune, and New York Daily News.

Born and raised in New York, Lauren now lives in Westport with her husband and two sons. Yes, she is that mom who makes over-the-top boxed lunches and weeknight dinners. And she lives to entertain! When people “ooh and ahhh” over her food nothing brings her more joy. Lauren has published three books: the critically acclaimed Notes on Cooking: A Short Guide To An Essential Craft, The Competent Cook: Essential Tools, Techniques and Recipes for the Modern At-Home Cook, and an award-winning children’s book Eat Your Breakfast Or Else!.

Lauren is graciously donating proceeds from this evening’s book sales and signing to NCHC’s Healthy Beginnings/Childhood Obesity Prevention.

---

NCHC UNSUNG HEROES

Norwalk Community Health Center congratulates our Unsung Heroes Manette Destin and Mindy Garcia.
COMMUNITY CRUSADERS

DANIEL BERTA, President
Fairfield County Bank

A 30 year banking veteran, Dan Berta joined Fairfield County Bank in 2007 as Executive Vice President and Head of Strategic Planning. He became the Chief Operating Officer in 2009 and appointed President in 2011. He oversees all Retail Operations including; branch and e-banking, marketing, call centers, sales, and FCB insurance and investment services.

Dan and his wife are active with many local boards and organizations including The RVNA, The Ridgefield Fresh Air Fund, Ann’s Place, The Women’s Center of Danbury, Founders Hall, Ridgefield ABC, The Ridgefield Playhouse and more.

LAWRENCE F. CAFERO
Cafero Law and Strategies

Larry Cafero, a lifelong resident of Norwalk served in the Connecticut General Assembly as State Representative for 22 years, from 1993 to 2015. During his last four terms, Cafero was the House Republican Leader. Prior to that, he served as Deputy Leader.

Mr. Cafero was a member of the Norwalk Board of Education for six years and has spearheaded many fundraising drives for local non-profit organizations.

In addition, he helped found the Side-by-Side Community Charter School where he serves on their Board of Directors. Larry also serves on the Lockwood Mathews Mansion Board of Trustees, the Exchange Club of Norwalk and the Norwalk High School Wall of Honor Committee.

YOUNG PHILANTHROPISTS PROGRAM
NEW CANAAN COMMUNITY FOUNDATION

The Young Philanthropists Program is a unique educational opportunity for New Canaan high school students, who learn about the role of non-profit organizations in addressing community needs. The group learns about services provided by non-profits, and explores how these organizations are supported financially and participates in the grant making process.
The United Way of Coastal Fairfield County’s vision is that all at-risk children in Coastal Fairfield County are successful in school and prepared for success in life. Community engagement and collaboration are at the core of their efforts. The United Way of Coastal Fairfield County works with partners to frame conversations around critical issues to create on-the-ground solutions. In UWCFC fills the critical role in Fairfield County as of a backbone organization for Bridgeport Prospers and lends its expertise to Norwalk ACTS.

“I am excited about the collaborative work we are doing to give every child the opportunity to succeed,” says Cathy DeCesare, Sr. Vice President Strategic Initiatives.

Pepperidge Farm is a commercial bakery founded in 1937 by Margaret Rudkin, who named the brand after her family's property in Fairfield. She started in her home kitchen with an idea to address her son’s food allergies. She wanted to “produce a top quality food product.”

The first loaf of all-natural stone ground whole wheat bread met the approval of a local grocer, who made a commitment to sell the bread. Soon after, husband Henry began distributing loaves to businesses in New York City, helping the brand to gain traction. The bakery moved to Norwalk in 1947.
Please visit one of our four locations listed below and present this exclusive invitation and receive savings on your entire purchase!

273 Federal Road, Brookfield, CT 06804
203-480-0000

51 Richards Avenue, Norwalk, CT 06854
203-852-3900

506 Boston Post Road, Orange, CT 06477
203-448-3300

950 Wolcott Street, Waterbury, CT 06705
203-721-8100
We salute you for providing care to the entire Norwalk community — from newborns to seniors — for 20 years.

To advertise or subscribe, please call 914-694-3600.
Benefits That Stand Out

The right combination of benefits will look different for every organization. Our strategic benefits planning process helps you evaluate your unique needs, explore new opportunities, and identify goals for the future – all while keeping your employees and financial realities front and center.

Michael Sutton, Senior Partner
Michael.Sutton@aleragroup.com | 203-840-8877
3 Belden Avenue | Norwalk, CT | 06852
www.bpsllc.aleragroup.com
Congratulations on 20 years of providing quality healthcare for the Norwalk community.

Community Health Center Association of Connecticut

Connecticut Glaucoma Associates
Peter E. Libre, MD and Brad E. Oren, MD

Congratulations to Norwalk Community Health Center on 20 years of excellence.

111 East Ave., Suite 335, Norwalk, CT 06851 • (203) 853-2020
Reach for the Skiber!
THE OFFICE OF
MICHAEL E. SKIBER

Norwalk Injury Attorneys
(203) 616-0090
www.SKIBERLAW.com
152 East Avenue, Norwalk CT 06851
Proud Supporter of the Norwalk Community Health Center

Cause for Celebration!

Thank you for your commitment to our community
CERTIFICATE OF ACHIEVEMENT
awarded to
Norwalk Community Health Center, Inc.

In recognition of ranking among the top 10% of health centers nationally for clinical quality.