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## **Norwalk Community Health Center Brings Farmers Market to Low-Income Norwalk Families**

Norwalk, CT (July 25, 2011) - - Local fresh fruits and vegetables straight from the farm will be available to more Norwalk families this summer through a program at the Norwalk Community Health Center that allows low-income families to purchase fresh produce with food stamps. Every Wednesday from 12pm – 3pm at the Center, families can fill up a market box of food from area farmers and pay with Supplemental Nutrition Assistance Program or SNAP dollars. The program is supported by United Way, Fairfield County Community Foundation, the Betsy and Jesse Fink Foundation, and Wholesome Wave and runs through October.

Eva R. Beau, Community Outreach Coordinator at the Norwalk Community Health Center, says the program is a great way to help families access local fresh food. “The farmers will be offering a wide range of produce throughout the season, from string beans and corn to squashes and Swiss chard. We encourage our patients at the Health Center to live a healthy lifestyle. Eating fruits and vegetables, obviously is a part of that and we are so glad to bring this opportunity to Norwalk families.”

The Norwalk Community Health Center is an independent Federally Qualified Health Center funded through the Health Resources and Services Administration. The Center offers a full range of primary care medical services to any Norwalk resident regardless of ability to pay, including Pediatrics, Adult Medicine, OB/GYN and specialty care in Endocrinology and Infectious Disease. Its medical staff consists of board-certified or board-eligible physicians,

nurse practitioners and certified nurse midwives. The Norwalk Community Health Center is located at 120 Connecticut Avenue and is open by appointment Monday through Friday and on Saturday mornings. For more information visit [www.norwalkchc.org](http://www.norwalkchc.org) or call (203) 899-1770.

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